

Special
2010 Edition



CHOICE

The Newsletter for SELECT Men



Visit the
SELECT Website:
<http://www.crab.org/select/>

CHOICE - The Newsletter for SELECT Men, is published by Cancer Research And Biostatistics (CRAB) for participants in the Selenium and Vitamin E Cancer Prevention Trial (SELECT). The purpose of the newsletter is to help you stay informed about SELECT and general health issues. General health information published in CHOICE is not intended to serve as a recommendation on personal medical matters or to substitute for advice from your physician. Consult your physician for any personal health problems. The newsletter is supported by Grant 5-U10-CA-37429 from the National Cancer Institute.

SELECT, Selenium and Vitamin E Cancer Prevention Trial, Will Soon Continue by Mail Only!

What is the plan for continuing SELECT?

By agreeing to participate in SELECT Centralized Follow-up, you will receive a booklet in the mail every year during the study to ask you questions about your health. This will be called "centralized follow-up" because the SELECT Coordinating Center will prepare the mailing of the booklets and collect and store the data. Participants will learn more about SELECT Centralized Follow-up at the last Study Site visit which we call the transition visit.

What type of questions are in the booklet?

We would like to continue to monitor the effects of the Study Supplements on prostate cancer and other cancers. There are also substudies that still need answers to important questions about Alzheimer's disease, age-related macular degeneration, and the risk of colorectal polyps.

Why will there no longer be any Study Site visits?

Since there are no longer any Study Supplements to be distributed by the Study Site staff, it was determined that we could collect your answers to health questions by mail. This saves you time, transportation and parking costs!

What will happen at my last Study Site visit?

All active participants are being asked to return to their Study Site for one last transition visit. Some of you have already completed this visit. At this visit, you will be asked to complete the usual routine questions. You will also receive information about what Study Supplements you were taking and you may be asked to give blood. And most importantly, you also will be recognized for the time you have already given to this important study. At this visit, SELECT Centralized Follow-Up will be explained in more detail, you will be given the opportunity to ask questions about it and then you will also be asked if you are willing to participate in SELECT Centralized Follow-up.

When is SELECT changing to centralized follow-up?

We expect all participants will have completed transition visits at their

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Study Sites by December 31, 2010. At that time, all Study Sites should be closed and all contact with participants on SELECT will come from the SELECT Coordinating Center.

What if I don't want to participate in centralized follow-up?

If you choose not to participate in centralized follow-up, your participation in SELECT will end. However, if you change your mind, you can contact us at any time using the information at the bottom of this newsletter or call us at 877-798-5444.

What is the benefit to you if you continue in SELECT?

We hope the information learned from this study will add to our understanding of prostate cancer. We also hope that the information you provide will help our understanding of other diseases in men your age. This information may help improve the health of future generations. You will continue to get this CHOICE newsletter. Starting in the fall of 2010, this newsletter will have more information on topics such as prostate health, other studies, prostate cancer research, and study updates.

How will centralized follow-up be done?

Once you have more information about centralized follow-up and if you want to continue, you will be asked to read and sign a new Informed Consent and to provide your personal contact information to the SELECT Coordinating Center. Then starting mid-year 2010, participants will begin to receive an Annual Booklet in the month of their birthday. Then by mid-year 2011, all participants who agreed to Centralized Follow-up should have

received a booklet. If you agreed to participate in PREADVISE, you will also get a phone call from their staff. The SELECT booklet will contain routine health questions. You will also be able to review and update your personal contact information so we can stay in touch. You will return the booklet in a pre-paid stamped envelope. Based on your responses to the health questions, you may be asked to sign and return a Release of Information. For example, if you reported a new diagnosis of prostate cancer, age-related macular degeneration, or you had a colonoscopy, we will need a signed Release of Information form to request your medical records from your care provider or medical team. We may also send you information on other new studies available for participants who continue on SELECT Centralized Follow-up.

What will stay the same?

Although the Study Sites are closing, the Coordinating Center which has kept your data since SELECT began will continue. The National Cancer Institute will continue to fund SELECT. The Southwest Oncology Group (SWOG) will continue to support SELECT because it is very important for the future of men's health. All of these institutions understand the importance of continuing to keep your data, and now your personal contact information, secure. Your routine health care should not be affected by the closure of the SELECT Study sites but you should check with your study site staff at your transition visit.

We hope you will continue your participation in SELECT!



SELECT Questions and Answers:

Question: Where can I get the multivitamin that was available from my Study Site?

Answer: SELECT no longer has multivitamins available. These multivitamins were specially manufactured for SELECT without any vitamin E or selenium. This gave you the opportunity to continue to take recommended daily doses of vitamins that didn't include selenium or vitamin E while you were taking the Study Supplements. SELECT stopped dispensing Study Supplements when selenium and vitamin E were not found to prevent prostate cancer. At this time SELECT also stopped ordering multivitamins. Consult your physician for recommendations on what multivitamins, if any, that you should be taking based on your current health.

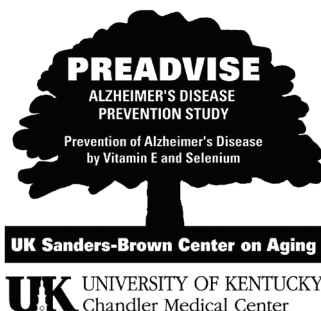
Based on American Cancer Society statistics, 192,280 men were at risk for prostate cancer in 2009.

Do you have questions about cancer?
Call 1-800-4-CANCER.

Important Update for SELECT Participants on PREADVISE

PREADVISE, Prevention of Alzheimer's Disease with Vitamin E and Selenium, is an ancillary study within SELECT. Over 7,000 SELECT participants joined PREADVISE when it was open for recruitment. To those participants, it is with regret that we have to inform you that the PREADVISE Principal Investigator, Dr. William Markesbery, died earlier this year. Although we are deeply saddened by this event, it does not affect the continuation of the study. Richard Kryscio, PhD and Frederick Schmitt, PhD are now the Co-Principal Investigators

for the PREADVISE study. Dr. Kryscio is a Professor in the Department of Statistics, College of Public Health, and Sanders-Brown Center on Aging, and Dr. Schmitt is a professor in the Department of Neurology and Sanders-Brown Center on Aging at the University of Kentucky. They have been researchers on PREADVISE since it began. All the PREADVISE participants continue to be important to this research. We wish to thank those participants who have consented to continue on the PREADVISE Centralized Follow-Up.



Thank You!

SELECT PARTICIPANTS

We want to thank all our SELECT participants!
But we also have to give a big thanks to those participants who have already had their last visit with their Study Site and have agreed to continue in SELECT's Centralized Follow-Up!

Do you have a question for the newsletter editor?

Contact the editor at SELECTinfo@lyris.crab.org or write to us at:
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